

## **Falmouth Military Support Group**

### **Troop Wish List**

Fall/Winter



**WE NOW COLLECT CELL PHONES for Cell phones for Soldiers!**

### **Snacks and All!**

Cold weather drinks **AND** Powdered **presweetened** drink mixes

- ★ *1 lb ground coffees, instant coffees, hot chocolate, teas, Carnation Instant Breakfast packaged drink mixes- Propel, Tang, Gator Ade, 4C, etc. ( individual packets)*

Snack size, individual size or small size packages: (24-36 count packages from BJ's are great!)

- ★ *nuts, trail mixes, Slim Jims, Beef Jerky, fruit rolls, PButter crackers, pretzels, sunflower seeds, cheese and crackers packs, breakfast bars, , power bars, snack cakes, salsa&chips ,snack mixes (Chex etc), cookies*

Individual portion size ready to eat meals (pull tab opening) and Microwavable

- ★ *spaghettios, mac and cheese, beef stew, chili, soups, tuna packets, Hormel meals, etc*

Breakfast items

- ★ *instant oatmeals, cereals (individual serve size), pop tarts, breakfast bars, etc.*

### **Keep them Smiling!**

Joke books, Comic Books, Crossword, Word Search, Mad Lib, Soduko, Game books,

Local news articles and happenings, sports memorabilia- Patriots, Sox, pictures of home,

Small travel games (not full size), poker chips, small footballs, Frisbees

Note cards, stationery, small pads paper (4"x8"), pens, envelopes

### **Personal Hygiene Items!**

(Items should be of a **personal- portable size**, not large sizes)

Disposable men's and women's razors

Body wash- men's and women's

Eye wash/ eye drops and Saline nose sprays

Baby/ personal wipes

Gold bond type body powders and foot powders

Band Aids, antiseptic ointments, first aid items

Medicines: *Tylenol, Aspirin, Aleve, (pain- headaches relief), Imodium AD- stomach ail helpers, Cough drops, Tums/Roloids (Antacids) Lip balms, Blistex*

Cotton balls, cotton cosmetic squares, Q-tips, personal size Kleenex tissues

### **Miscellaneous Items!**

Hand and foot warmers

Winter weight socks, dark socks- boot length, polypropylene boot liners

Batteries-AA, Duct tape, extension cords, power strips, Zip lock bags, solid room deodorizers

*falmouthmilitarysupportgroup@gmail.com*

*www.FMSGrp.org*

*You can now find us on FaceBook too!*

*Monetary donations can be sent to: FMSGrp, P.O Box 2247, Teaticket, MA 02536*