



HEROES IN TRANSITION IS OFFERING

Blue Star Families

Transitional Support Group

...For families of service members returning from deployment in Iraq or Afghanistan.

As the joy of reunion subsides, family members can become frustrated trying to help their loved one get reintegrated.

The group focuses on:

- *gaining understanding of the issues our veterans are facing,*
- *sharing stories and strategies for better communication and connection, and*
- *managing the change associated with the different person who has come home.*

**Starting January 26, 2012,
the group meets on Thursdays,
From 5:30pm to 7:00pm
at Shellback Place on Rte. 28, Mashpee
(directly across from Boston Interiors)**

**Please call to register in advance:
Pam Brighton 508-274-2041
Freddie Diamond 774-487-7499.**